

# Vital-Office® Workshop in New York City

A brief introduction to Vital-Office® Concept

**When: 31.August 2012 10:00 to 17:00**

**Where: NY Meta Center 214 W 29th St. 16th Fl.**



Is it possible to create offices that are enriching environments that stimulate creativity?

Can office design lead to more joy and comfort at work?

Peter Jordan, founder of Vital-Office, has worked in the field of office design for over 25 years creating living office spaces so employees can thrive, be creative and inspired in their work. In this workshop you will learn why office design is so important and how people's lives are influenced by surrounding stimuli.

## **Join us for this dynamic seminar and learn all about:**

- \* Creating a living office space with nature's magnificence & ergonomics.
  - \* Intelligent designs using Sacred geometry, Organic Form & Feng Shui for infinite possibilities & freedom.
  - \* Furniture design & layouts in harmony with basic human needs.
  - \* Ergonomics, sociological and psychological needs and how they can be satisfied.
  - \* What the 3 Yin/Yang dynamics are in office design.
  - \* Key guidelines for sustainability & green office design.
- And much more!

The Vital-Office® Concept is a new independent holistic concept which define the workplace as a holistic system. Thus analyzing all influencing aspects to better adapt the workplace and work environment to human needs.

The time that people spend working in the office is a regular part of life that has impacts on people's health. And the office is a working environment with many physical and psychological demands, challenges, and stresses which have a long-term effect on the person working in an office. These demands, challenges, and stresses in offices can cause psychological problems and physical ailments. A meticulous and holistic design of the working environment, however, can promote creativeness and significantly contribute to the wellbeing of body and mind. This design also promotes productivity and innovation.

**Inspiration is the key to a better performance:** "To be fatigued is to be dis-spirited, but to be inspired is to be in spirit. To be egocentric is to be dis-spirited, but to be Self-centered in the right sense is to be inspired or in spirit." (A course in miracles Chapter 4 § 1)



活力 -办公室  
Vital-Office:

### FENG SHUI TUNING FOR OFFICES

1. Why good office design is so important

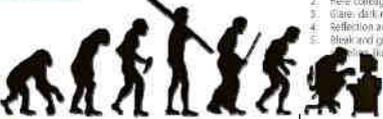




What a contrast.  
What an affront.  
What a waste.



1. Back exposed
2. Here colleagues are kept at distance
3. glare, dust, monitor and light window
4. Reflection and rotation
5. Break and eye strain which causes fatigue on busy days.





Knowledge and inspiration for office people

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Rather than presenting a static "to do list" of ergonomics and Feng Shui guidelines, we should look to the fundamental principles and correlations. This enables us to facilitate greater potential in an organization. Our aim is to create a living office space. We bring together ergonomic office planning and sustainable furniture design, modern Baubiology and a traditional way of performance-enhancing interior design and decoration according to Feng Shui.

Our intention is:

- for each individual to achieve happiness and
- for each organization to achieve effectiveness.

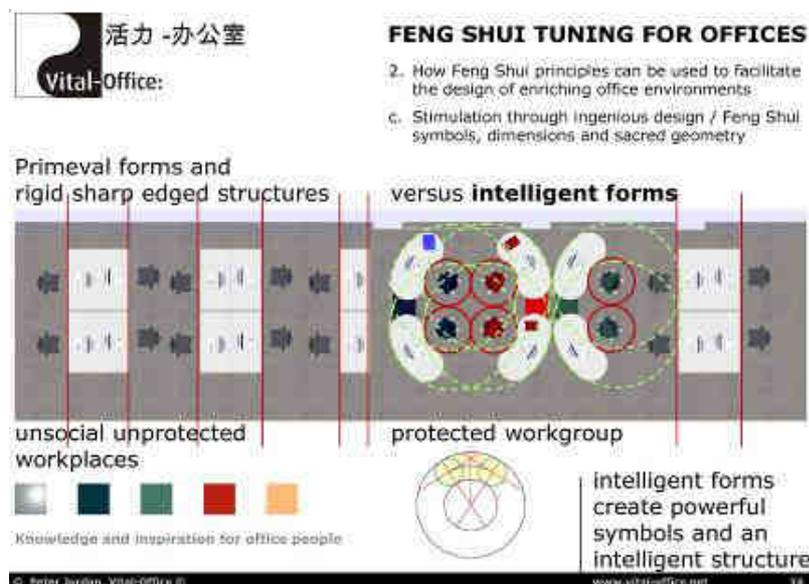


Peter Jordan grew up in a family based German wood making company where he learned traditional craftsmanship and the principles of sustainable design. His business led him to ergonomics in the early 1980's when he started producing

adjustable computer furniture. In 1989 he was the first in Germany to produce anthropometric rounded desk systems leading to the development of the first authentic Feng Shui Office System and the Vital-Office® concept.

Peter has studied Feng Shui, Sacred Geometry, Geomancy, Shamanism and Buddhism. A world-renowned speaker. Peter shares his insight on creative living office spaces so businesses and employees may enjoy creative and successful work environments. He has lectured on "Vital-Office Ergonomics and Feng Shui" in Germany since 2006. Many Feng Shui consultants, architects, facility managers and office dealer already participated in the seminars. He regularly speaks at several conferences and other events.

In 2007 he was a speaker at the International Congress of Facility Management in Frankfurt, at the international Feng Shui conference in Budapest, and at the Conscious Design conference held in New Jersey in the United States. In 2009 he spoke at the 4th International Conference on Scientific Feng Shui & Built Environment at Hong Kong City University.



Workshop keywords: Vital-Office office optimization: Ergonomics and Feng Shui, Vital-Office planning and design philosophy .. science of ergonomics, psychology, Feng Shui and sacred geometry.

For business owners, managers, architects, dealers, planner, designer, ergonomics and Feng Shui consultants and all who are interested in a healthy inspiring office environment.

General Fee: \$275 \* IFSG members discounted \$250. Accepted Payment: Check, Cash, MasterCard or Visa, Make Checks payable to: 5 Element Designs, LLC, send to: 287 Daniele Dr., Ocean, NJ 07712

Certificate: Upon completion of this seminar you receive a Vital-Office® Certificate.

Call: 732-695-2575 or email: [consult@5elementdesigns.com](mailto:consult@5elementdesigns.com) to reserve your seat NOW! Seating is limited.

Teaching Tortoise School of Feng Shui ~ A Gold Level Member IFSG

This course counts towards Advance Classical Feng Shui Certification



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